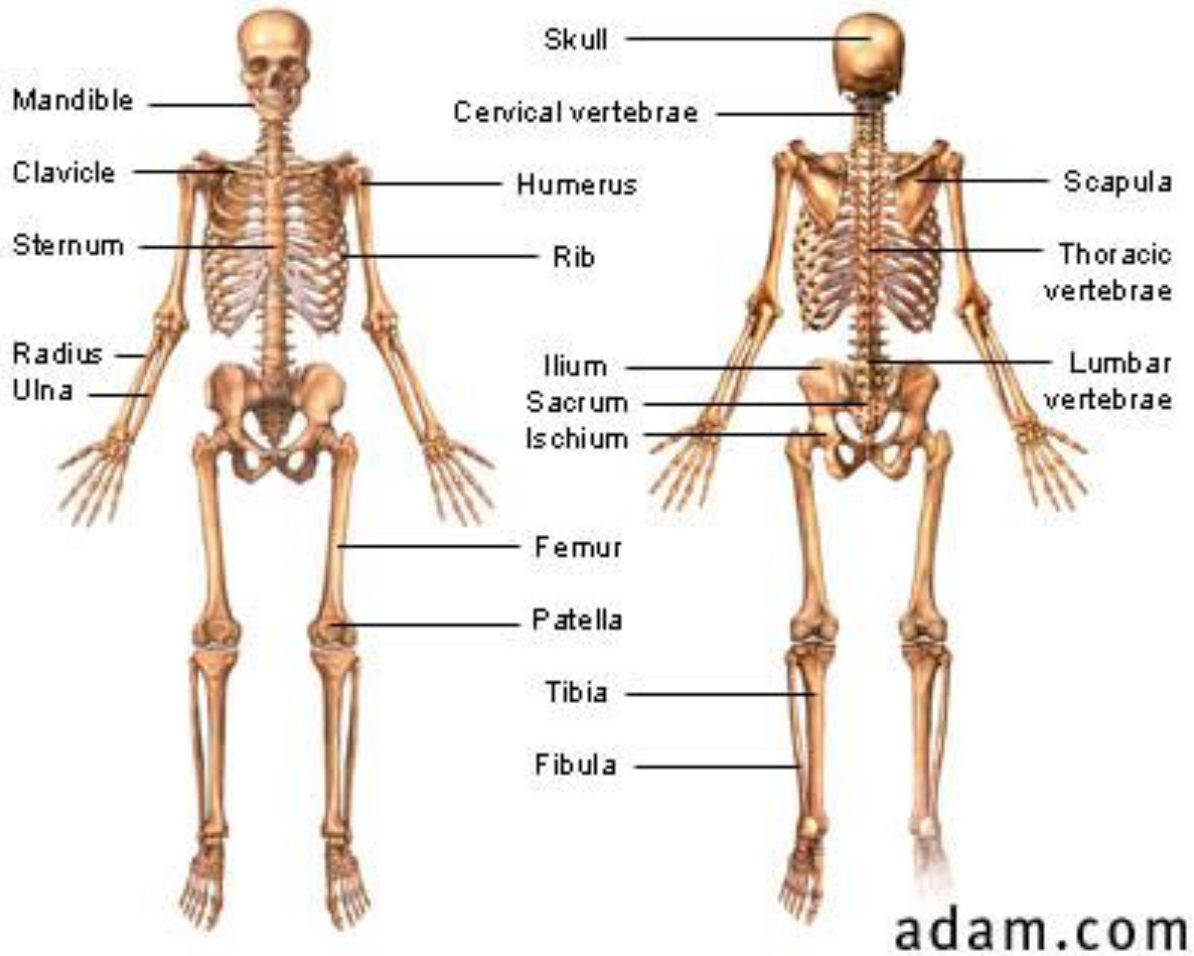


# San Diego Center For Integrative Medicine

Dr. Joseph Aiello and Dr. Bronner Handwerger

## Pain Scale

Please circle areas you are having pain.



0-2-----3-4-----5-6-----7-8-----9-10

Have to think about pain.	Slightly obnoxious pain with activity	Aggravating pain which disrupts function	Pain disrupts everything. Can't focus.	So severe, you can't communicate. i.e:severe burn
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Hours of sleep at night\_\_\_\_\_. Number of times awakening\_\_\_\_\_.

Improvement since last treatment:

0---10%---20%---30%---40%---50%---60%---70%---80%---90%---100%